

Nature Guardians & Guardians of the Sea

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ScicomPT

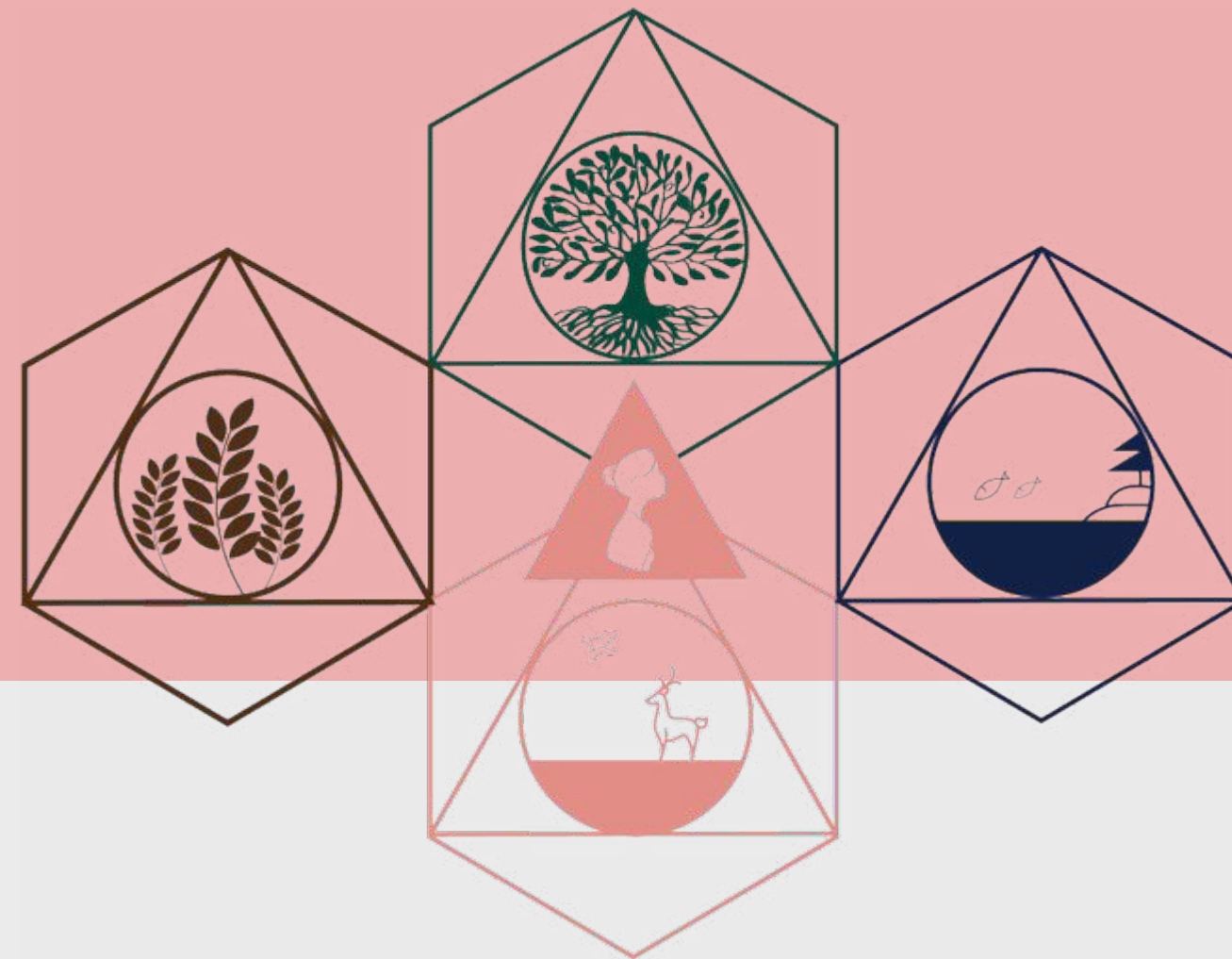


Nature Guardians

Network of women guardians of nature and sustainable development in rural areas

Creation of a **network of women** who can **identify, catalyse and coordinate** the **implementation of intervention projects in rural areas**, especially in protected areas, and who can **be local drivers of regeneration, ecosystem and biodiversity recovery, sustainable use of endogenous resources**, and **promotion of projects**, contributing to the transition to a low-carbon and climate-resilient economy.





GUARDIÃS DA NATUREZA

RESILIENCE
of rural territories

SUSTAINABILITY
and environmental
conservation

HERITAGE
natural and cultural



Aims and target group

This network of women guardians of nature plays a **crucial role in building a more equitable and sustainable future**. By valuing and strengthening the role of women in these areas, it ensures a **more comprehensive and holistic approach to protecting nature and promoting the sustainable development of local economies**.

It looks for **women who are committed to supporting climate mitigation and adaptation solutions**. Women who defend nature, who lead actions to ensure the resilience of our territory, caring for and protecting our natural and cultural heritage and preserving biodiversity.

The Guardians



ALEXANDRA ROCHA RIBEIRO



ÂNIA PEIXOTO



CATARINA LOUREIRO



ESTER MONTEIRO



ANDREIA MOREIRA



CARLA CUNHA DE SOUSA



CLAIRE CAMUS



ELISABETE FERREIRA



JOANA VALE



LUÍSA ALVIM BARATEIRO



MAFALDA SOFIA MIGUÉIS S.
FERREIRA



MARIA AUGUSTA ALMEIDA



GEDIANE MARIA GARCIA
CORRÊA



GRACINDA FREITAS



SARA PEDRO MENDES RISO



SUSANA ABRANTES



MARIA CANASTRO



MARIA ISABEL BRANCO



MARIA JOSÉ QUINTELA
FERREIRA CASTELO BRANCO



MARIA LUÍS MIRANDA



ANA TERESA MATOS



ANABELA ESPÍRITO SANTO



BEATRIZ FARIA



CATHELYNE FERREIRA



ANDREIA MOURÃO



CATARINA SIMÕES



CLÁUDIA MARIA PEREIRA
MOITA



ÉRICA REI



EUGÉNIA MOREIRA DA SILVA



FÁTIMA PINTO



FERNANDA CASTELHANO



JENNIFER PEZZOTI



ocean alive



Guardians of the Sea

Promote ocean protection through marine education and behavioural change (NGO Ocean Alive)

Focuses on the Sado estuary, where seagrass beds are the nursery habitat for the prey of a resident dolphin population and the fish and shellfish of the fishing community.

Aims to protect seagrass beds by involving women from the fishing community, known as Guardians of the Sea.

Action takes place through a marine education programme, awareness campaigns and a programme to monitor and assess the project's impact on seagrass beds.

Aims

The Guardians of the Sea are women from the fishing community of the Sado estuary who collaborate with Ocean Alive in protecting seagrass beds.

This initiative addresses the problem of job losses in fishing caused by the decline of seagrass beds and marine resources.

Through a training programme for women from fishing communities, we have created three new professions that value their wisdom and life stories and provide them with additional income.





Activities

The **fisherwomen** are **marine guides for the educational programme** and marine experiences, **awareness agents** for the Mariscar SEM Lixo (Shellfish WITHOUT Waste) campaign, **and monitors of seagrass beds in mapping and restoration projects.**

These new professions give the Guardians of the Sea a catalytic role in transforming the behaviour of their peers, which is necessary to eliminate the threats that the local community poses to seagrass beds: shellfish waste, anchors, and destructive fishing and harvesting techniques.

The Guardians



Cláudia Martins Pescadora, Possanco. Compromisso voluntário na promoção de boas práticas.



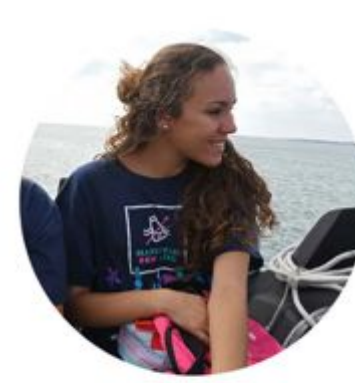
Dina Santos Guarda de aquacultura, Faralhão. Agente de sensibilização da campanha "Mariscar SEM Lixo".



Fátima Ricardo Pescadora, Carrasqueira. Monitora das pradarias marinhas.



Helena Bacalhau Pescadora, Carrasqueira. Monitora das pradarias marinhas.



Inês Santos Jovem da comunidade piscatória, Faralhão. Agente de sensibilização da campanha "Mariscar SEM Lixo".



Adriana Guerreiro Bióloga, Mourisca. Elo de ligação entre a comunidade e os cientistas no mapeamento das pradarias.



Bruna Guerreiro Jovem da comunidade piscatória, Mourisca. Agente de sensibilização da campanha "Mariscar SEM Lixo".



Maria José Guerreiro Mourisca. Agente de sensibilização da campanha "Mariscar SEM Lixo".



Maria Espada Pescadora, Carrasqueira. Compromisso voluntário na promoção de boas práticas.



Cidália Nunes Pescadora, Possanco. Agente de sensibilização da campanha "Mariscar SEM Lixo".



Minda Neto Mariscadora, Carrasqueira. Guia marinha no programa educativo da Ocean Alive.



Sandra Lázaro Pescadora, Faralhão. Guia marinha no programa educativo da Ocean Alive.



Sara Batista Jovem da comunidade piscatória, Setúbal. Agente de sensibilização e educadora marinha.